COVID-19: Cloth Face Mask Training
By the end of this training participants will be able to:

1. Identify when to use a cloth face mask, as required by Water Mission
2. Demonstrate how to use a mask appropriately
3. Use the appropriate steps to maintain cloth face masks
WHEN TO USE A CLOTH FACE MASK

You are required to use a cloth face mask if:

1. You are showing symptoms of COVID-19 (coughing, sneezing)
2. There are clusters of reported cases in Water Mission service areas
3. The country is experiencing large outbreaks and high levels of community transmissions
WHEN TO USE A CLOTH FACE MASK

You are NOT required to use a face mask if:

1. There are no cases of COVID-19 in the country

2. There are cases in the country, but not in Water Mission service areas

*Remember to follow guidance according to national and local authorities.
DO I USE A CLOTH FACE MASK?

Raise your RIGHT hand if you are required to use a mask. Raise your LEFT hand if you are not required to use a mask.

1. You are showing symptoms of COVID-19 (coughing, sneezing)
2. There are no cases of COVID-19 in the country
3. There are cases in the country, but not in Water Mission service areas
4. There are clusters of reported cases in Water Mission area of work
5. The country is experiencing large outbreaks and high levels of community transmissions
HOW TO USE A CLOTH FACE MASK

1. Before putting on your mask, wash your hands

2. Place masks so it covers your mouth and nose

Image Courtesy of World Health Organization
HOW TO USE A CLOTH FACE MASK

3. Make sure there are no gaps between your face and the mask.

4. Avoid touching mask while using it. If you do, wash your hands.

Image Courtesy of World Health Organization
5 Replace the mask with a new one as soon as it is damp

6 When removing mask:
   • Remove it from behind. Do not touch the front of mask
   • Do not touch eyes and mouth
   • Store used cloth face mask safely in a sealed bag, until it can be washed
After you remove your mask, wash your hands with water and soap, or use alcohol-based hand rub.
CLOTH FACE MASK MAINTENANCE

1. All clean masks should be kept in a sealed Ziploc bag.
2. Change as soon as it is damp
3. Place used cloth face mask in separate bag from clean masks, until they can be washed
4. Wash cloth masks with hot water and detergent/soap. Fully dry before next use
5. Wash used masks after each use, or at least every 12 hours
Water Mission recommends using cloth face masks. If single-use masks are used:

1. All clean single-use masks should be kept in a sealed Ziploc bag.
2. Change as soon as it is damp
3. Do NOT reuse masks
4. Dispose immediately after removal
5. If no trash bin is available, use a separate bag to keep it away from clean masks until you can dispose safely
HOW TO USE A CLOTH FACE MASK

Now it is your turn to practice!
Face masks alone are not effective for preventing transmission of COVID-19

Remember to regularly wash your hands and maintain 2m (6 feet) in distance from others.
Water Mission is an engineering nonprofit that builds safe water, sanitation, and hygiene solutions in developing countries and disaster areas.

For more information visit watermission.org or email info@watermission.org.

Created by the founder of Grundfos, the Foundation supports reaching under-resourced populations that are vulnerable to the effects of COVID-19.

For more information visit pdjf.dk/en or email pdjf@grundfos.com.