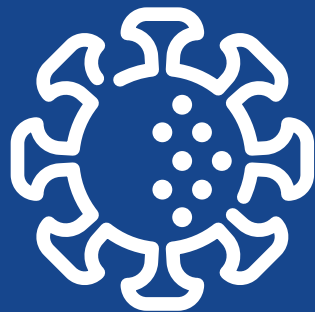


CORONAVIRUS (COVID-19)

ZOYENERA KUDZIWA
NDI KUTSATIRA



CORONAVIRUS



Coronavirus (COVID-19) ndi nthenda yopatsilana.

ZIZINDIKIRO

Zizindikiro za nthendayi zimayamba pang'ono pang'ono kenako zimafika pa kayakaya.

PANG'ONO

KAYAKAYA

Kukhosomola | Kutentha thupi | Kubanika popuma | Zibayo | Nthenda ya imphyo | Imfa

NJIRA ZOPATSIRANA

- Kukhosomola ndi kuyetsemula.
- Kukhuza zipangizo zomwe zili ndikachilomboka.
- Kugwira kumaso mutakhuza munthu amene wapezeka ndi kachilomboka kapenanso zipangizo zomwe zasunga kachilomboka.

KUPEWA



Sambani m'manja pafupipafupi ndi sopo kwa ma sekondi 20.



Phimbani pakamwa ndi chigongono kapena kansalu pokhosomola ndinso poyetsemula.



Mukamaphika nyama iphye mokwanira.



Pewani kuyandikana ndi anzanu mlingo osachepera 1 mita.



Pewani kugwira kukamwa, m'maso ndi m'phuno.



Pewani moni wa pan'kono.



Mukaona zizindikiro zatchulidwazi yimbani foni mwaulere pa 54747 kuti muthandizike ndi achipatala.